

Pencil Grip

SUPINATE



THUMB TUCK



THUMB WRAP



_____ wrist flexed

INEFFICIENT GRIPS

TRANSPALMAR



INDEX GRIP

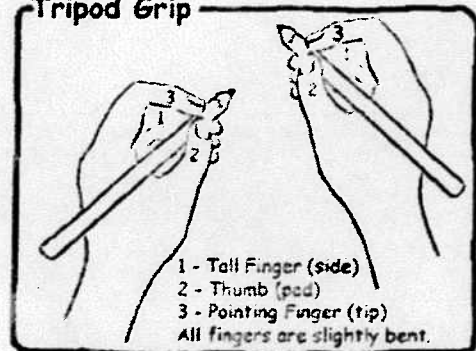


INTERDIGITAL BRACE

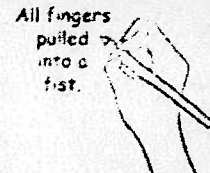
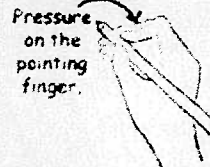


_____ wrist extended

Tripod Grip



Don't do this!



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